



Program Cost Without Insurance:

We're happy to offer patients a 45% self-pay discount on our medical services if your insurance does not cover our services. The full cost of the appointment must be paid at the time of check out. The prices below reflect the discount and do not include the cost of our different meal plans or medications.

- **No Cost Consultation:** Your consult is free of charge and you can expect to spend thirty to forty-five minutes with a medical professional discussing your goals and our programs. If you're interested in starting one of our programs, the next step is booking your new patient appointment.

- **Initial New Patient Appointment:** You can expect to spend between forty-five and sixty minutes with your provider at your new patient appointment, and the cost will be between \$367 - \$430 depending on the length of your appointment (appointments are billed based on time and medical complexity according to national coding standards).

- **Follow Up Appointments:** You and your provider will meet once a week for the first four weeks after starting your program. After four follow up appointments, you'll typically transition to an appointment every other week. These follow up appointments range from **\$113** to **\$167** depending on the complexity of the visit. If a follow up appointment exceeds forty minutes, the price increases to **\$258**.